

# Apibooster Syrup

## Presentation

Each 5 ml contains

Cyproheptadine (IP)..... 2mg

Tricholine Citrate ..... 275 mg

Sorbitol based 70% (IP).....q.s.

## Uses, Side Effects, Composition & Dosages

Apibooster Syrup is an appetite stimulant and an antihistamine which is used to cure different types of respiratory problems, hepatic disorders, and seasonal allergy induced ailments and liver disorders. It is also used to treat patients suffering from anorexia.

Nature	Appetite stimulant and antihistamine
Composition	Cyproheptadine, Tricholine Citrate and Sorbitol
Uses	seasonal allergies, asthma symptoms in adults, mild and uncomplicated hives, boost appetite
Side-effects	Gas, Dizziness, Diarrhea, Debilitation, Abdominal cramping, Unusual swelling
Precautions	abdominal pain, vomiting, nausea and rectal bleeding

Apibooster contains cyproheptadine sorbitol and tricholine citrate as active ingredients and it functions by mobilizing cell membrane cholesterol and promoting liver degeneration. It retains the fluid in the colon and blocks the histamine and serotonin from the body. Apibooster Syrup is marketed by Mespa Health Care Pvt. Ltd..

### **Uses and Benefits of Apibooster Syrup:**

- Apibooster Syrup is actively used to address liver disorders.
- It is also recommended to patients who are suffering from seasonal allergies.
- Apibooster is prescribed to patients who suffer from mild and uncomplicated hives.
- It is prescribed to patients who have occasional constipation.
- Apibooster is used to treat asthma symptoms in adults.
- It is used to soothe patients who are suffering from hepatic disorders.
- It is also prescribed to patients who are suffering from allergic reactions.
- It is also prescribed in cases of rhinitis.
- Apibooster Syrup is also used to combat cough and cold..
- It is used to treat patients who complain of itching and irritation, and have a running nose.

### **Side Effects of Apibooster Syrup:**

- Apibooster Syrup is known to cause sudden weight gain in a number of patients.
- Dizziness is also a very common side effect experienced after consuming Apibooster Syrup.
- In certain patients it can induce gas related discomfort.
- Few patients have also noted severe abdominal cramping as a side effect.
- The usage of Apibooster Syrup can also cause diarrhea in certain patients.
- It can also cause unusual swelling in certain patients.
- Apibooster Syrup can also result in an urge to vomit in some.
- A few people have also experienced a fast or pounding heartbeat.
- In certain people it can induce hypotension and dryness of mouth, throat sputum and nose.
- All though used as a cure for the same, Apibooster Syrup can result in acute allergic reactions.
- All though rare, it can cause induce skin redness, edema and flu like symptoms such as headache, fever, body aches and sweating.
- It can also cause blurred vision, breathing difficulty, taste disorders and feelings of nervousness, excitement and fatigue.

### **Common Dosage of Apibooster Syrup:**

The dose and the duration are usually advised by the doctor. The patient should make this decision in consultation with a physician who would advise the required dosage depending on the condition Apibooster Syrup is supposed to address.

In case of a missed dose, patients are advised to wait for the next dose instead of taking a double dose. It is advised that the dose is taken on time to ensure the effectiveness of the syrup. In case the patient overdoses on Apibooster Syrup, they are advised to seek emergency medical treatment for the same.

### **Composition and Nature of Apibooster Syrup:**

Apibooster syrup has antihistaminic and appetite stimulating properties. Apibooster is composed of Tricholine Citrate (275 mg), Sorbitol (2 gm) and Cyproheptadine (2 mg) as its active ingredients in each 5 ml. Apibooster syrup is available in 200 ml pack.

### **How to use Apibooster Syrup?**

Apibooster Syrup can be taken with or without food. The syrup should be consumed preferably at night at a fixed time. The patients are advised to shake the bottle well before pouring out Apibooster Syrup. This must be done to obtain a homogeneous mixture of medicine. It is advisable to use a measuring cup instead of tablespoons to consume a correct dose of the medicine. It is recommended for the patients to carefully read the leaflet inside the package to have an understanding of the drug and its effects.

### **How Apibooster Syrup Works?**

Apibooster Syrup energizes the cholesterol particles in the cell membranes of the body by regenerating water in them. It also helps in regeneration of the liver.

It helps in fluid retention in the colon. Cyproheptadine contains antihistamines which help battle allergic conditions by limiting the actions of histamine and serotonin in the entire body system.

Apibooster Syrup is a combination of three medicines namely tricholine citrate, sorbitol and cyproheptadine. The medicine acts as an appetite-stimulant, bile acid binding agent and as a laxative.

### **Mechanism of individual components -**

Cyproheptadine : Cyproheptadine is an antihistamine that antagonizes serotonin receptors. The compound does not prevent the release of histamine but competes with free histamine for binding to its receptor sites. Cyproheptadine also competes with serotonin at its receptor sites in smooth muscles in intestines and other organs of the body. The antagonism of serotonin at the appetite centre of the hypothalamus accounts for the medicine's property to stimulate appetite.

Tricholine citrate : Tricholine citrate exhibits lipotropic action i.e. it acts as a catalyst to breakdown the fat during metabolic processes in the body. This action of the compound helps the body to fight with conditions such as fatty liver and cirrhosis. Tricholine citrate also binds to the bile acid thereby, forcing the liver to produce more bile acid using cholesterol. This, in turn, lowers the level of cholesterol in the body.

Sorbitol : Sorbitol is polyhydric alcohol that occurs naturally and is produced synthetically from glucose. The compound exerts the laxative effect, thereby stimulating bowel movements.

### **When it is prescribed?**

Apibooster Syrup is usually prescribed as an appetite booster in children and adults. However, due to its antihistaminic properties, it is also prescribed for the prevention and treatment of other conditions such as watery eyes, sneezing, cold, cough and itching.

### **Warnings and Precautions –**

Before using Apibooster Syrup the patient should ideally consult a physician who can cross check it with the medications already being used. This also includes over the counter products such as vitamins or herbal supplements. They must also consult the doctor whether using Apibooster Syrup can cause problems with regards to pre-existing allergies and diseases.

It is not advisable for patients who consume alcoholic beverages on a regular basis. Usage of laxatives must also be avoided because it can result in internal bleeding or blood in the stool. In case a patient shows symptoms listed in the side effects section, they must consult a doctor as soon as possible. It is recommended that a patient completes the full course of Apibooster Syrup.

The syrup is not recommended for patients who suffer from hypersensitivity. And in case of patients suffering from abdominal pain, nausea, vomiting or rectal bleeding, a dosage adjustment will be required. Apibooster Syrup can also possibly have an adverse effect on a

fetus and in infants so pregnant and lactating women are advised to use it with caution and in consultation with the doctor.

### **Apibooster Syrup Interactions:**

#### **Interaction with diseases**

Any patient with a history of acid based disorders, diabetes and anuria must avoid taking Apibooster Syrup and use a suitable substitute instead. In case of patients who are fructose intolerant and suffer from hypersensitivity, being cautious is a must.

**Liver and kidney problems** - The patients suffering from liver and kidney problems must also exercise caution while administering Apibooster Syrup as it may lead to severe side effects.

#### **Interactions with Medicines –**

Apibooster Syrup may interact with certain medicines. These interactions may lead to mild to severe side effects. Mentioned below is a list of medicines which may interact with the Apibooster Syrup –

- Fluoxetine
- Anisindione
- Bendrofluazide
- Dicumarol
- Carvedilol
- Alprazolam

Sodium polystyrene sulfonate - It is recommended that patients suffering from narrow-angle glaucoma avoid the usage of Apibooster Syrup.

Note- Non other cyproheptadine tablet or other preparation to be taken with Apibooster Syrup.

#### **How to store Apibooster Syrup?**

- ✓ Apibooster Syrup must be stored in a cool and dry place.
- ✓ The medicine must not be kept at a place where it can retain moisture.
- ✓ It is important to keep the medicine away from direct heat and sunlight.
- ✓ Apibooster Syrup must be kept away from the reach of children and pets.

## **Frequent asked questions by the patients**

### **1) How long does it take for the effects of Apibooster Syrup to show up?**

**Ans:** It varies from patient to patient. However, patients usually experience relief within one week to one month. The duration of the course should be determined in consultation with a doctor.

### **2) What should be the ideal frequency of consuming Apibooster Syrup?**

**Ans:** The standard frequency is once a day or twice a day. Again physician's advice on the same is recommended.

### **3) Can one take Apibooster Syrups on an empty stomach?**

**Ans:** Apibooster Syrup is usually commonly consumed after food. It is known to be more effective when it is taken right after the stomach is full.

### **4) Can Apibooster Syrup be detrimental to safe driving?**

**Ans:** Yes, patients are advised to practice caution while driving post Apibooster Syrup consumption since the medicine can induce drowsiness, dizziness, hypotension, or a headache.

### **5) What is Apibooster Syrup?**

**Ans:** Apibooster Syrup is a combination of three different medicines namely Cyproheptadine, Tricholine Citrate and sorbitol. The major constituent of the medicine is Cyproheptadine which gives the medicine its antihistaminic and appetite stimulating properties. Tricholine Citrate works by reducing the level of cholesterol while sorbitol acts as a laxative and sweetness.

### **6) Can I take Apibooster Syrup with alcohol?**

**Ans:** No, it is not advisable to take Apibooster Syrup with alcohol. Consuming this syrup with alcohol may induce excessive drowsiness in patients.

### **7) How long does it take for Apibooster Syrup to show its effect?**

**Ans:** The drug exhibits its effect within 7 – 10 days of administering it. However, the time may increase or decrease depending upon the health condition of the patient.

**8) How should one consume Apibooster Syrup?**

**Ans:** The syrup should be taken with or after having the food. However, it is best to take the medicine as directed by the physician.

**9) Does consuming Apibooster Syrup induce drowsiness?**

**Ans:** Yes, the consumption of Apibooster syrup does induce drowsiness in patients.

**10) How much time interval should be there between the consumption of two doses of Apibooster Syrup?**

**Ans:** Ideal time between the consumption of two doses of Apibooster Syrup should be at least 4 – 6 hours. Taking medicine in shorter intervals than four hours may lead to overdose or drug toxicity. However, the doctor may prescribe the medicine at varied intervals to different patients.

**11) Can I stop the medicine as soon as I see improvement in my conditions?**

**Ans:** No, it is not advisable to stop the consumption of medicine without consulting with a doctor. Doing so may not cure the prescribed condition and increase its probability to occur again. If the patients are experiencing any side effects and wish to discontinue the medicine, the doctor must be consulted so that he may prescribe an alternative medicine for the same.

**12) Is Apibooster Syrup safe to be consumed by children?**

**Ans:** No, Apibooster Syrup is not safe to be consumed by children. However, the medicine may be administered to children if prescribed by a physician or a paediatrician.

**13) Can Apibooster Syrup be used for the treatment of occasional constipation?**

**Ans:** Yes. Apibooster Syrup can be used for the treatment of occasional constipation. The sorbitol present in the medicine has laxative properties which facilitate the bowel movement.

**14) Can Apibooster syrup be used for the treatment of liver related ailments?**

**Ans:** Yes. This medicine can be used to treat various conditions pertaining to the liver. Tricholine Citrate present in the medicine acts as a catalyst to breakdown the fat during metabolic processes of the body. The medicine also improves the functioning of the liver by forcing it to produce more bile juice.

**15) At what frequency should the Apibooster Syrup be consumed?**

Ans: The Apibooster Syrup is usually consumed twice a day at an interval of 4 to 6 hours. However, the frequency may vary for different people based on their health condition.

**16) Is this medicine habit forming?**

Ans: No, Apibooster Syrup is not a habit-forming drug. However, the patients are advised to read the package before consuming the drug to ensure that it does fall within the H or X category of drugs.

**17) What happens if a person overdoses on ApiboosterSyrup?**

Ans: Taking more than the prescribed dose of the medicine may do more harm than good to the body. An overdose of Apibooster syrup may increase the occurrence of side effects and lead to drug toxicity.

**18) Who should not consume Apibooster Syrup?**

Ans: Apibooster Syrup must not be consumed by patients suffering from glaucoma, fructose intolerance, kidney diseases and allergy.

**19) What are the possible side effects of consuming Apibooster Syrup?**

Ans: Some of the side effects associated with the consumption of Apibooster Syrup are – drowsiness, nausea, diarrhoea, weight gain, blurred vision, abdominal pain, light-headedness, vomiting, dryness of mouth etc.

**20) Does the consumption of Apibooster Syrup cause any allergic reactions?**

Ans: The consumption of Apibooster syrup may cause allergic reactions such as breathlessness, rashes, swelling of the eyes, lips, tongue and face.

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